

InBody570 Results Interpretation

Personal Information/Logo

Personal Information: The examinee's 1D can be inputted with the keypad. The 1D can be up to 14 alpha-numeric characters.

Logo: You can enter the name, address, or telephone number under '14. Results Sheet Custom Logo' in Settings of the Administrator Menu.

Body Composition Analysis

The body weight is the sum of Total Body Water, Protein, Minerals, and Body Fat Mass.

Muscle-Fat Analysis

Compare the bar lengths of Skeletal Muscle Mass and Body Fat Mass. The longer the Skeletal Muscle Mass bar is compared to the Body Fat Mass bar, the stronger the body is.

Obesity Analysis

BMI is an index used to determine obesity by using height and weight. PBF is the percentage of body fat compared to body weight.

Segmental Lean Analysis

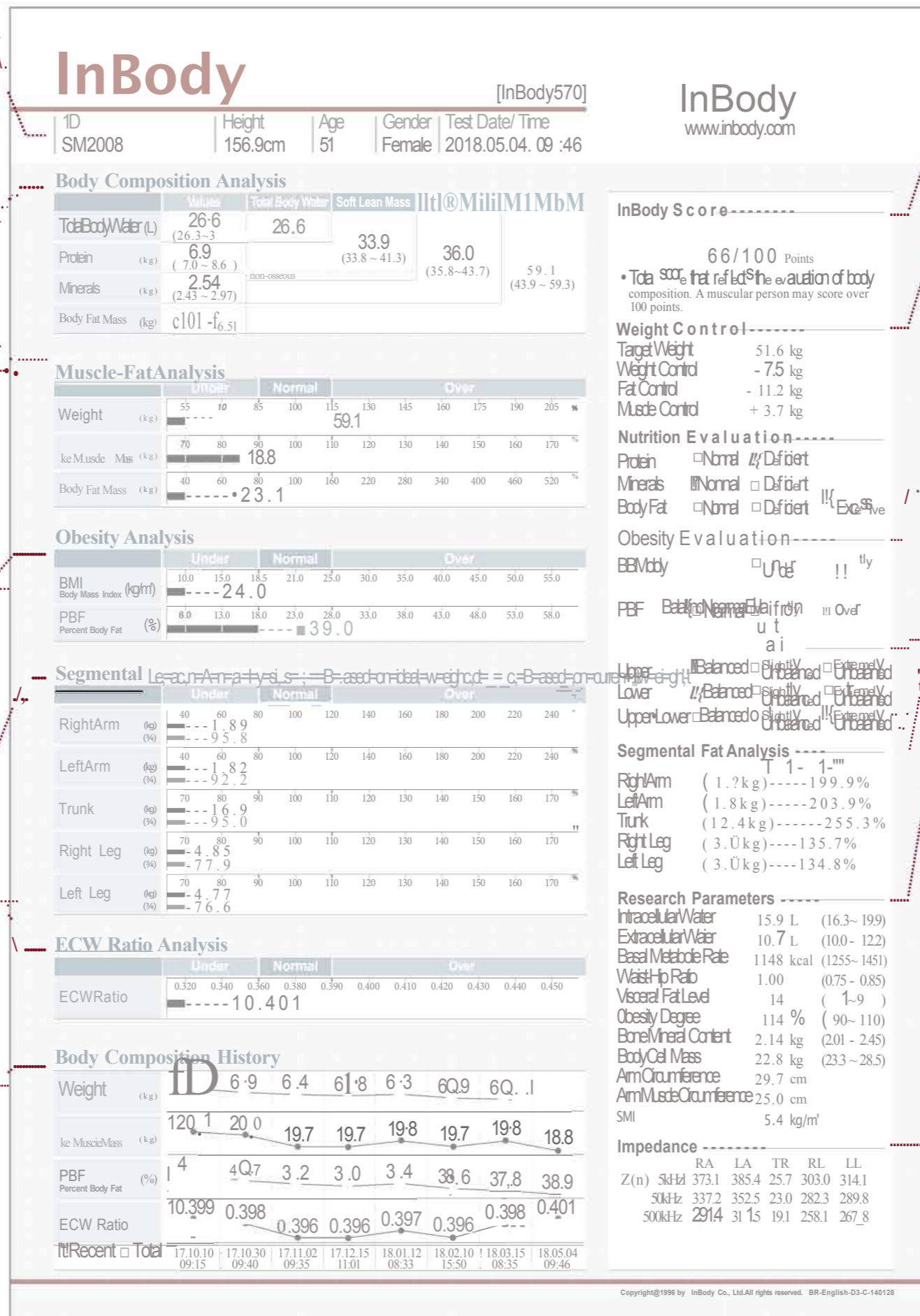
Evaluates whether the amount of muscles is adequately distributed in all parts of the body. Compares muscle mass to the ideal weight.

Segmental ECW Ratio Analysis

Segmental ECW Ratio is the ratio of Extracellular Water to Total Body Water.

Body Composition History

Track the history of the body compositional change. Take the InBody Test periodically to monitor your progress.



InBody Score

This score shows the evaluation of the body composition, which includes muscle, fat, and water in the body.

Weight Control

See how the body measures up to the recommended Weight, Muscle Mass, and Body Fat Mass for a good balance. The '+' means to gain and the '-' means to lose.

Obesity Evaluation

Evaluates obesity based on BMI and Percent Body Fat.

Body Balance Evaluation

Evaluates the balance of the body based on the Segmental Lean Analysis. If you do not print check marks, there will be blank spaces so that the Administrator can write draw check marks.

Intracellular Water is the total amount of water inside the body's cells. Extracellular Water is the total amount of water outside the body's cells. Basal Metabolic Rate is the minimum number of calories needed to sustain life at a resting state. BMR is directly correlated with lean body mass. Waist-Hip Ratio (WHR) is the ratio of waist circumference to hip circumference. Visceral Fat Level is an indicator based on the estimated amount of fat surrounding internal organs in the abdomen. Obesity Degree is the ratio of current weight to ideal weight. Bone Mineral Content is the amount of minerals in bone. Body Cell Mass is the total mass of all the cellular elements in the body, which constitutes all the metabolically active tissues of the body. Arm Circumference is the estimated circumference of the left upper arm (halfway between shoulder and elbow). Arm Muscle Circumference is the estimated circumference of the left upper arm muscle (halfway between shoulder and elbow). SMI (Skeletal Muscle Index) is calculated by dividing appendicular lean mass by height squared.

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Impedance

Impedance is the resistance value measured when electrical currents are applied throughout the body. Based on the measured data, key body composition outputs can be analyzed. Impedance is also used for many research purposes.