

ID	Height	Age	Gender	Test Date / Time
Jane Doe	156.9cm	51	Female	2021.03.31. 15 :44

Body Composition Analysis

	Values	Total Body Water	Soft Lean Mass	Fat Free Mass	Weight
Total Body Water(L)	27.4 (26.4 ~ 32.2)	27.4	34.9 (33.8 ~ 41.4)	37.1 (35.8 ~ 43.8)	59.1 (43.9 ~ 59.5)
Protein (kg)	7.1 (7.0 ~ 8.6)	non-osseous			
Minerals (kg)	2.64 (2.44 ~ 2.98)				
Body Fat Mass (kg)	22.0 (10.3 ~ 16.5)				

Muscle-Fat Analysis

	Under	Normal	Over		
Weight (kg)	55 70 85 100 115 130 145 160 175 190 205 %	59.1			
SMM (kg) Skeletal Muscle Mass	70 80 90 100 110 120 130 140 150 160 170 %	19.5			
Body Fat Mass (kg)	40 60 80 100 160 220 280 340 400 460 520 %	22.0			

Obesity Analysis

	Under	Normal	Over		
BMI (kg/m ²) Body Mass Index	10.0 15.0 18.5 22.0 25.0 30.0 35.0 40.0 45.0 50.0 55.0	24.0			
PBF (%) Percent Body Fat	8.0 13.0 18.0 23.0 28.0 33.0 38.0 43.0 48.0 53.0 58.0	37.2			

Segmental Lean Analysis

Based on ideal weight Based on current weight

	Under	Normal	Over	ECW Ratio
Right Arm (kg) (%)	55 70 85 100 115 130 145 160 175 %	2.00 101.2		0.378
Left Arm (kg) (%)	55 70 85 100 115 130 145 160 175 %	1.91 97.1		
Trunk (kg) (%)	70 80 90 100 110 120 130 140 150 %	17.7 99.0		0.398
Right Leg (kg) (%)	70 80 90 100 110 120 130 140 150 %	5.24 84.2		0.403
Left Leg (kg) (%)	70 80 90 100 110 120 130 140 150 %	5.15 82.7		0.404

ECW Ratio Analysis

	Under	Normal	Over	
ECW Ratio	0.320 0.340 0.360 0.380 0.390 0.400 0.410 0.420 0.430 0.440 0.450	0.398		

Body Composition History

Weight (kg)	65.3	63.9	62.4	61.8	62.3	60.9	60.5	59.1
SMM (kg) Skeletal Muscle Mass	20.1	20.0	19.7	19.7	19.8	19.7	19.8	19.5
PBF (%) Percent Body Fat	41.3	40.7	39.2	39.0	39.4	38.6	37.7	37.2
ECW Ratio	0.399	0.398	0.396	0.396	0.397	0.396	0.398	0.398
<input checked="" type="checkbox"/> Recent <input type="checkbox"/> Total	20.07.21 15:11	20.08.27 14:58	20.09.20 15:02	20.11.23 15:23	20.12.21 15:00	21.02.19 14:52	21.03.20 15:12	21.03.31 15:44

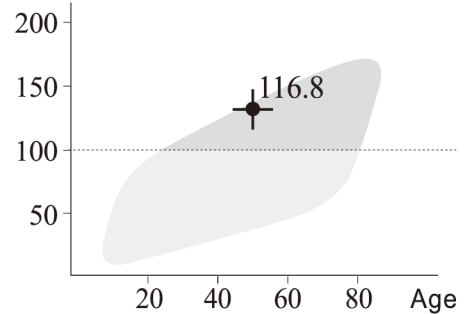
InBody Score

67 / 100 Points

* Total score that reflects the evaluation of body composition. A muscular person may score over 100 points.

Visceral Fat Area

VFA_(cm²)



Weight Control

Target Weight	51.7 kg
Weight Control	-7.4 kg
Fat Control	-10.1 kg
Muscle Control	+2.7 kg

Research Parameters

Intracellular Water	16.5 L	(16.3~19.9)
Extracellular Water	10.9 L	(10.0~12.2)
Basal Metabolic Rate	1171 kcal	(1255~1451)
Waist-Hip Ratio	0.94	(0.75~0.85)
Body Cell Mass	23.6 kg	(23.4~28.6)
SMI	5.8 kg/m ²	

Whole Body Phase Angle

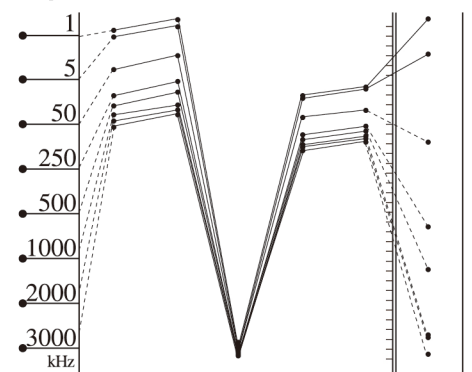
ϕ (°) 50 kHz | 4.0°

Segmental Body Phase Angle

ϕ (°) 5 kHz	RA	LA	TR	RL	LL
50 kHz	1.7	4.7	1.7	1.6	4.5
250 kHz	4.1	5.7	4.0	3.8	4.3
	3.8	5.6	2.9	2.9	2.9

Impedance

Proximal



Z (Ω) RA LA TR RL LL TR

[Clamp Type, Lying Posture]

[000/000/000]